

Virginia State Opioid Response

Quarterly Report:

October 2021 – December 2021

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This document was produced by OMNI Institute (OMNI) in collaboration with the Virginia Department of Behavioral Health and Developmental Services (DBHDS). OMNI serves as the evaluator for Virginia's State Opioid Response (SOR) grant and compiled this document using data from SOR evaluation activities. SOR II Year 2 refers to the second year of the second round of funding that started in October 2021. All data in this report cover the whole state of Virginia. For more information, contact SORSupport@omni.org.



Prevention

The prevention objectives of the SOR grant are intended to decrease opioid, prescription, and over-the-counter drug misuse and overdoses through the implementation of a broad collection of evidence-based strategies. Key prevention strategies include community awareness, education, and safe storage and disposal.

Developing Logic Models and Measurement Plans

This quarter, Community Services Boards (CSBs) focused on completing SOR evaluation roadmaps, which include developing logic models, measurement plans, and data entry plans. This planning will help guide the implementation of the following activities during the rest of the SOR grant year.

Performance Based Prevention System (PBPS) Version 3

The PBPS data system was upgraded to Version 3 this quarter, which introduced additional features and functionality to allow for more comprehensive tracking of prevention activities and associated data. This process included CSB trainings and technical assistance to ensure accurate set up of strategies in the new system.

Key Prevention Strategies

CSBs and coalitions will utilize a variety of dissemination methods to share prevention information.



Broadcast
TV, podcasts, theaters, radio, and more



Online
Social media, blogs, streaming apps, and more



Direct
Promotional materials, mail inserts, and more



Print
Billboards, newspaper, flyers, and more

Providing education on opioid use prevention through curriculum-based trainings is also a key goal of the SOR prevention grant and the following activities are planned:

Curriculum-Based Trainings



Mental Health and ACE Interface Trainings

Provider and Patient Education



Informational rack cards and awareness kits

Youth-Specific Education



Youth leadership trainings and events

Communities will also distribute safe storage and disposal devices and host take back events.



Drug Deactivation Packets



Prescription Drug Lockboxes



Smart Pill Bottles



Drug Take Back Events



CSBs and coalitions will plan to promote behavioral health equity through community engagement and outreach to hard-to-reach populations.



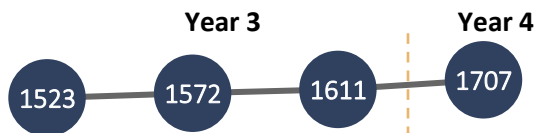
The treatment objectives of the SOR grant improve access and availability of opioid use disorder (OUD) and stimulant use disorder treatment services and increase the number of people who receive treatment.

Individuals Served in CSBs

SOR funding provided a wide array of services for 2,940 individuals this quarter.

Slightly more individuals received MAT services this quarter than in Year 3.

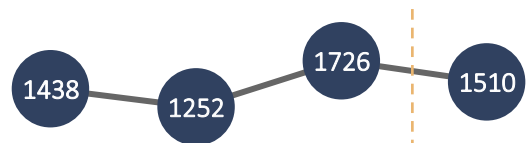
Medication Assisted Treatment (MAT) includes prescription of medications, such as buprenorphine for individuals with an OUD.



Jan-Mar '21 Apr-Jun '21 Jul-Sept '21 Oct-Dec '21

Fewer people received individual treatment this quarter than the previous quarter in Year 3.

Individual treatment includes counseling, therapy, psychiatry, and crisis support.



Jan-Mar '21 Apr-Jun '21 Jul-Sept '21 Oct-Dec '21

The number of individuals receiving wraparound services has increased this quarter.

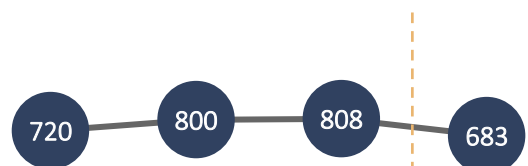
This includes case management, transportation, and childcare during treatment appointments.



Jan-Mar '21 Apr-Jun '21 Jul-Sept '21 Oct-Dec '21

Fewer individuals received group treatment this quarter than in Year 3.

Group treatment includes counseling or therapy groups.



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GPRA Numbers

The Government Performance and Results Act (GPRA) survey collects data from individuals receiving SOR-funded OUD and stimulant use disorder treatment and recovery services who consent to participate in the evaluation. Evaluation participants are asked to complete the GPRA survey at intake, 6 months after intake, and at discharge from services.

2,534 individuals completed an intake GPRA during SOR II.

1,090 individuals completed a 6-month follow-up GPRA during SOR II.*

621 individuals completed a discharge GPRA during SOR II.*

Virginia has completed 84% of its SOR II GPRA intake goal.



*Follow-up or discharge surveys completed during this quarter could include surveys for clients originally receiving an intake in SOR I.



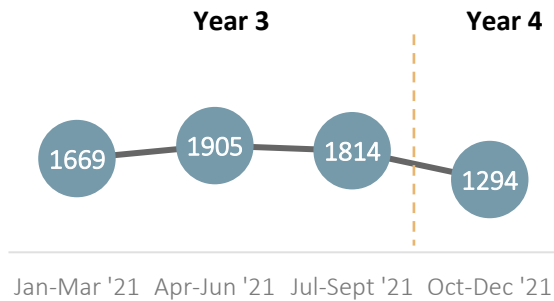
Virginia communities implemented SOR-funded peer support services in various settings, including CSBs, emergency departments, justice facilities and programs, universities, and community-based locations.

Peer Support Services

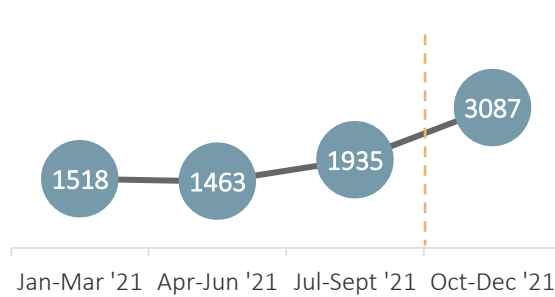
SOR funding provided recovery services to 15,116 individuals this quarter.

Peer supporters provided a wide range of recovery services this quarter.

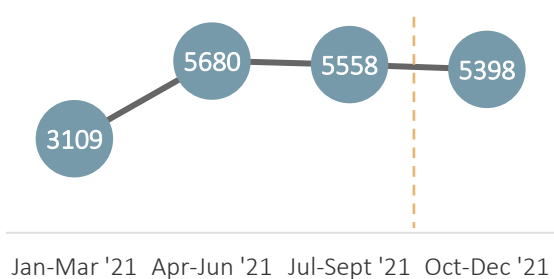
Warmline support was provided to fewer numbers of individuals this quarter compared to Year 3.



More individuals received group support this quarter than in Year 3.



Slightly fewer individuals received individual support this quarter compared to the previous year.



This quarter, peer supporters provided services to **69 individuals** in emergency departments.

Collegiate Recovery

Led by Virginia Commonwealth University (VCU), seven Collegiate Recovery Programs (CRP) across Virginia received SOR support to increase membership, provide direct services to students, and connect and engage students through campus-wide outreach.

CRPs engaged 420 students this quarter.

This quarter CRPs provided a variety of recovery services, including:



Recovery-Focused Events

4,078 attendees



Recovery Ally Training

509 attendees



Recovery Meetings

3,342 attendees



Harm reduction efforts include statewide distribution of the overdose reversal drug naloxone and trainings on how to administer it for first responders, friends, and families.

Naloxone Trainings

This quarter, CSBs focused on completing evaluation roadmaps for the year, which will include naloxone trainings. These trainings are offered to:



- Community members



- Law enforcement



- Emergency medical services & health professionals

Harm Reduction Peer Support

5 peer supporters at 4 sites are funded by SOR through the Virginia Department of Health (VDH) to provide harm reduction services.

In total, these peers supported 456 individuals during Q1.



286
people received
individual support



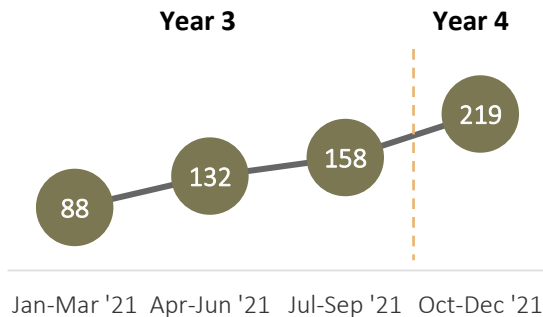
35
people received
group support



Treatment and recovery services were delivered in justice settings this quarter, including recovery courts, jails, and Department of Corrections facilities.

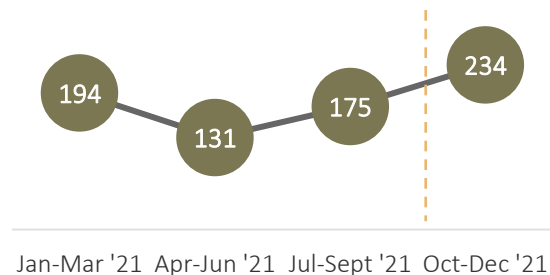
MAT Services

Number of individuals in a justice setting with an OUD receiving MAT services:



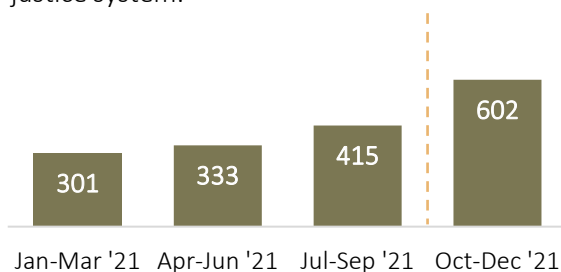
Non-MAT Treatment Services

Number of individuals receiving counseling, crisis support, psychiatry, contingency management, and other forms of therapeutic support in justice settings:



Recovery Services

Number of individuals served by peers in the justice system:



A total of **21 CSBs** provided recovery support to 602 individuals in the justice system this quarter. This includes:

- 332 served in **recovery courts**
- 224 served in **jails**
- 46 served in **Department of Corrections facilities**



During this quarter, DBHDS and the evaluation team completed the following activities to facilitate the implementation of the grant across Virginia.



Events & Trainings

- **Evaluation Summit with VASIS Presentation**
OMNI presented information from the Virginia Social Indicator Dashboard (VASIS) to CSBs at the prevention evaluation summit.
- **DOC Refresher GPRA Training**
OMNI's Treatment Team hosted a training to inform administration of the GPRA at Department of Corrections facilities and onboarded new sites to the SOR grant processes.
- **Recovery Roundtable**
The SOR Recovery Team hosted a recovery roundtable on peer supporter burnout and recovery program sustainability.



Technical Assistance

- **New Prevention Portal**
The OMNI Prevention Team updated and launched the new [Virginia Prevention Works portal](#) to facilitate information sharing and TA support.
- **Targeted TA Outreach**
OMNI's Treatment Team planned one-on-one calls with CSBs to discuss GPRA administration and enhanced CSB tracking sheets to better support CSBs in tracking follow-up GPRAs.
- **Collegiate Recovery Program TA Overviews**
OMNI's Recovery Team created overviews of each CRP to support the documentation of TA provided by the grant and progress toward program growth.



Grant Management

- **Funding**
DBHDS reviewed CSB proposals to award funding for the second year of SOR II. DBHDS also finalized the Year 2 SOR II and CSB Exhibit D for processing.
- **Site Visits & DBHDS TA**
The SOR grant management team conducted 14 site visits and participated in meetings with 8 coalitions and stakeholder groups. They also continued to support and provide TA to subrecipients.
- **Conferences**
Treatment Grant Manager, Mike Zohab, presented two workshops at the National Association of Recovery Residences' Annual Summit. SOR Grant Recovery Services Coordinator, Angela Weight, along with Jenna Lee Mathews of OMNI, presented on Values Driven Evaluation Tools at Wisconsin 2021 Mental Health and Substance Use Recovery Conference.



Deliverables & Reports

- **SOR II Year 3 Annual Report**
The SOR team finalized the [annual report](#) covering prevention, treatment, and recovery evaluations from the third year of SOR funding (2020 to 2021).
- **VDH Peer Supporter Annual Summary**
The OMNI Recovery Team created a [report](#) summarizing the work of peer supporters at SOR-funded Virginia Department of Health sites.
- **Burnout in the Peer Supporter Role Info Sheet**
The OMNI SOR Recovery Team created an information sheet and hosted a webinar about [Burnout, Secondary Trauma, and Compassion Fatigue in the Peer Support Role](#).