# SOR III Follow-up & Discharge GPRA Training

March 2023



## **Your OMNI Presenters**

Amanda Seibel (they/them) Swechchha Tripathi (she/her) Cheryl Winston (she/her)









## **DBHDS** Team





Mike Zohab Project Director Angela Weight SOR Recovery Coordinator

## **About OMNI**

OMNI Institute is a nonprofit social science consultancy that provides integrated research, evaluation, and capacity building services to foster understanding, guide collaboration, and inform action to accelerate positive social change. We believe in the power of data to inspire and support individuals and organizations in changing their world by finding solutions to complex social questions. Our clients are leaders and change-makers in governments, nonprofits, foundations, and social enterprises who are making a positive difference in their communities.





# Agenda

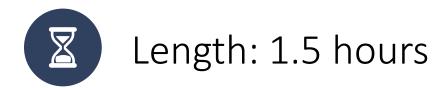
- Training Logistics & Objectives
- OMNI's Technical Assistance (TA)
- GPRA Overview
- Tips for GPRA Administration
- Follow-up GPRA
- Discharge GPRA
- Follow-up/Discharge Administration
- Client Engagement
- GPRA Data & Tracking Support
- Next Steps & Questions

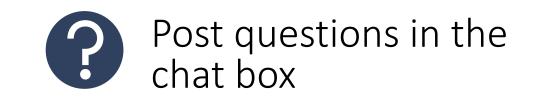


# **Training Logistics & Objectives**



# **Training Logistics**







Format: Recorded presentation



# **Learning Objectives**

After today's training, you will...

Understand the goals of the SOR III grant and your role to help achieve the goals

Know what the GPRA is and how it relates to the SOR III grant Feel confident in effectively and efficiently administering the Followup/Discharge GPRA with clients

Know where to get Technical Assistance (TA) if you need help or have questions



# **OMNI's Technical Assistance**



# **OMNI's Role**



### 01

GPRA management and reporting

Develop processes to track GPRA data and report it efficiently to SAMHSA

#### 02

Training and technical assistance on GPRA

GPRA trainings, webinars, reminders about intake and followup surveys

?
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#### 03

Provide support and resources

OMNI is your resource to ensure success in GPRA requirements and data collection processes

# **CSB/Agency Role**

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### 01

Administer the GPRA to all eligible clients

Clients receiving SORfunded services should complete the GPRA

#### 02

Complete the quarterly survey

Track data and report quarterly if you are the main treatment or recovery contact

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#### 03

Use GPRA data to support your work Data can help you learn more about clients' stories and connect them with key services they need.

# **SOR Website**

#### Visit VirginiaSORSupport.org for more information, including:

- About SOR & OMNI
- News
- Reports
- Resources
- Dropbox Folder Guidance
- Request TA Form



Email us at SORSupport@omni.org with any questions or requests.

We support local communities in their SOR Treatment efforts

Our team works to ensure data is both accessible and actionable to ultimately drive improvements in practice, policy, and systems. We know when our clients and community stakeholders can access the answers they need and have the capacity to act on it, they can be proactive agents in creating a brighter, more equitable future for all.

#### Resources Found on the SOR Support website

#### Surveys:

GPRA Intake, Follow-up, & Discharge Surveys (English & Spanish)

#### Supporting Documents include:

- Question-by-Question Guide
- Consent Form (English & Spanish) •
- Getting Started with GPRA Admin
- SOR Funding & GPRA 101 Resource  $\bullet$
- **GPRA Admin Tips & Best Practices**
- Follow-Up & Discharge One-Pager
- **GPRA** Admin FAQs  $\bullet$
- **Dropbox Instructions**
- BARC-10 Info Sheet •

#### **Training Materials:**

- Webinar Slides/Recordings
- **Orientation One-Pager**

#### Client Engagement Support:

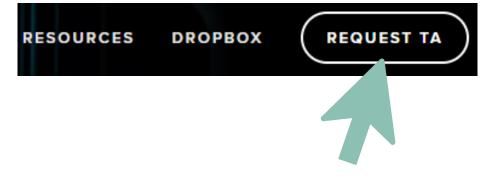
- Follow-Up Reminder Scripts
- **Engagement Sheet for Clients**
- **GPRA Admin Tips & Best Practices**
- **Client Locator Form**
- Follow-Up Reminder Scripts
- **Contingency Management Training**

# **Technical Assistance**

## Email: SORSupport@omni.org

- TA requests
- GPRA questions
- Staff changes
- Anything!

**Encryption:** When emailing <u>SORSupport@omni.org</u> with confidential information (client IDs, date of birth, etc.), please **send an encrypted email**! If you do not have encrypted emails, please request an encrypted email on the *Request TA* form on the website.



# **SOR III Communications**

#### Website News Posts

News emails from DBHDS and OMNI team - subscribe on website

# Dropbox

Shared folder per agency – reach out to SOR Support if you need your invitation



#### Intake Alerts and Follow-Up Reminders

- Intake Alerts: sent monthly to agencies w/o intakes in 30+ days
- Follow-up Reminders: sent weekly to agencies with follow-up windows closing in the next 2 weeks

#### **Encrypted Emails**

Use with any email communication that contains client ID or other PII

# **GPRA** Overview

All Margaret

NEW HOMES GUIDE.com

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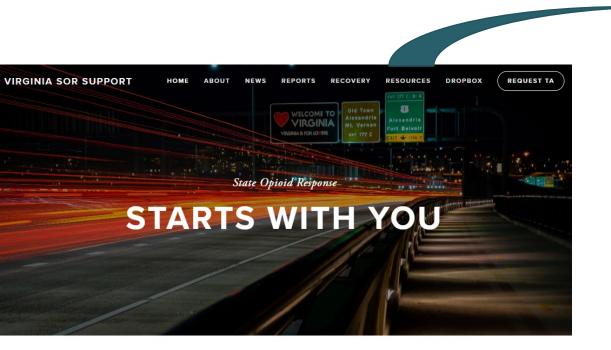
METROMEDALY

FREE

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# **Need Basic GPRA Intake Information?**

Visit the SOR Support Website for Resources!



#### We support local communities in their SOR Treatment efforts

Our team works to ensure data is both accessible and actionable to ultimately drive improvements in practice, policy, and systems. We know when our clients and community stakeholders can access the answers they need and have the capacity to act on it, they can be proactive agents in creating a brighter, more equitable future for all. TABLE OF CONTENTS

#### GETTING STARTED

- Getting Started with GPRA Admin
- SOR & GPRA Orientation One-Pager
- SOR Funding & GPRA 101 Resource
- SOR III Refresher Training

#### INTAKE GPRA

- Online Practice Intake GPRA
- SOR III Full Intake Training

## When is the GPRA completed?

There are three GPRA surveys:

Intake GPRA: GPRA survey at client intake Follow-Up GPRA: GPRA survey 6 months after client intake

**Discharge GPRA:** *GPRA survey at client discharge* 

# The Importance of GPRA Completion

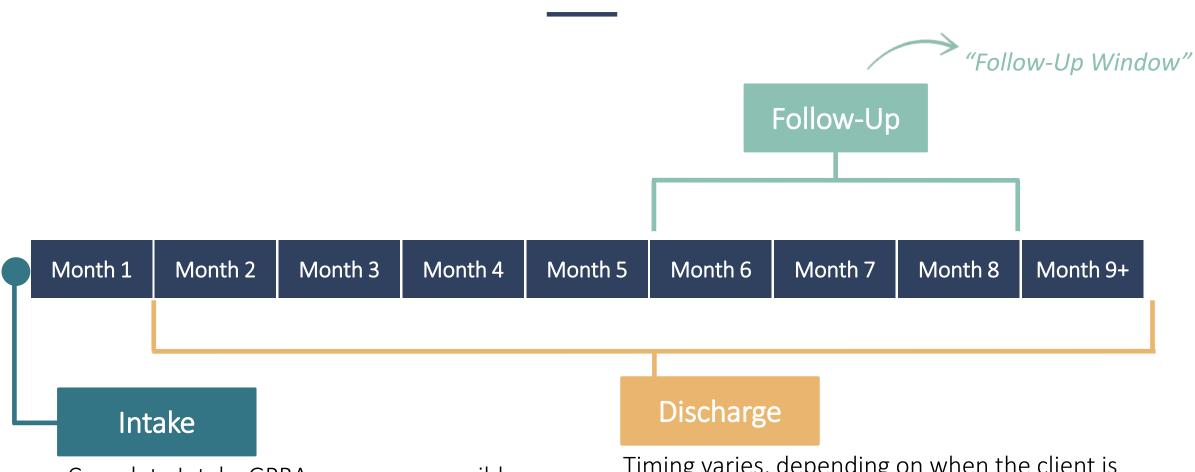
#### Follow-Up Data Goals

- Set and monitored by SAMHSA and the state
- 80% follow-up interview rate of all clients who completed an intake GPRA
  - Only includes <u>interviews</u> conducted during the <u>follow-</u> <u>up window</u>

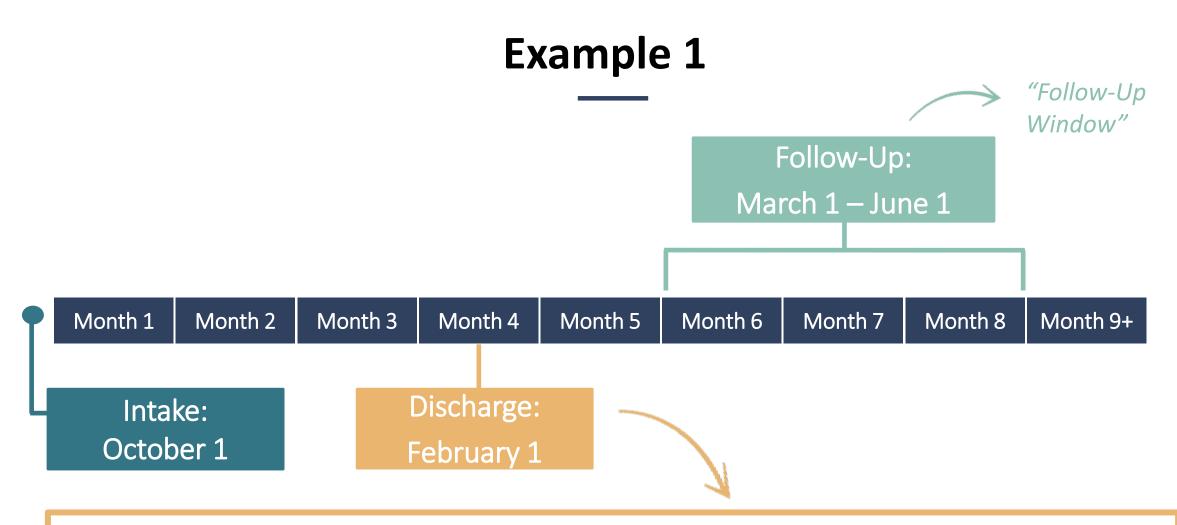
#### Knowledge & Progress Tracking

- Generates knowledge for future
   impact
- Standardized data collection for monitoring client progress

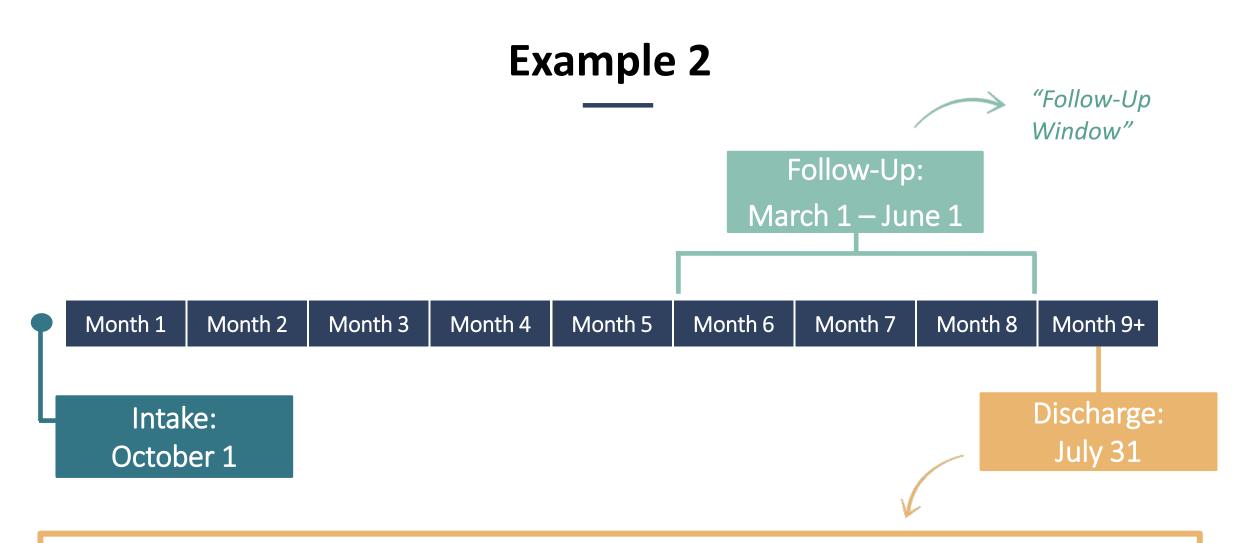
# When is the GPRA completed?



Complete Intake GPRA as soon as possible after client enters treatment services funded by the SOR III Grant. Timing varies, depending on when the client is discharged from treatment services funded by the SOR III grant.



Important! If the client completes a discharge GPRA *before* the follow-up window, a follow-up GPRA is *still required*.



If the client has already completed a follow-up GPRA, a discharge GPRA is *still required*.

# How is the GPRA completed?

#### How

The client completes the GPRA with a staff member via an interview (the client *cannot* complete the GPRA on their own).

The GPRA can be administered:

In-person

OR



Virtually via telephone or online platform

#### Who



?? The GPRA can be administered by any staff at your agency.

The following should be considered:

- The GPRA includes sensitive and personal questions.
- The administrator should participate in or watch a recording of OMNI's training session to be fully prepared.

# How is the GPRA completed?

#### Documentation

GPRA responses can be recorded:



Directly into the online system (link on resources page of support website).

OR



On the paper survey and transferred to the online system within 4 days.



# **Tips for Administering the GPRA**



# **Tips for Administering the GPRA**



Introduce the beginning of each new section by describing what will be covered.



Some items are personal and sensitive – take any opportunity to remind the client that responses are confidential.



Before the interview, consider using a calendar to mark off the past 30 days to help clients with recall for certain questions.

# Administering the GPRA



The client is to be provided the opportunity to answer all applicable questions.



Read each question as written. You may explain it after reading it as written.



Read aloud only response options that appear in lowercase lettering.

• Any text surrounded by brackets, [], should not be read to the client



If a client declines answering a question, mark "REFUSED". This response must be client generated.

## **Question-by-Question Guide**

#### **Additional Probes**

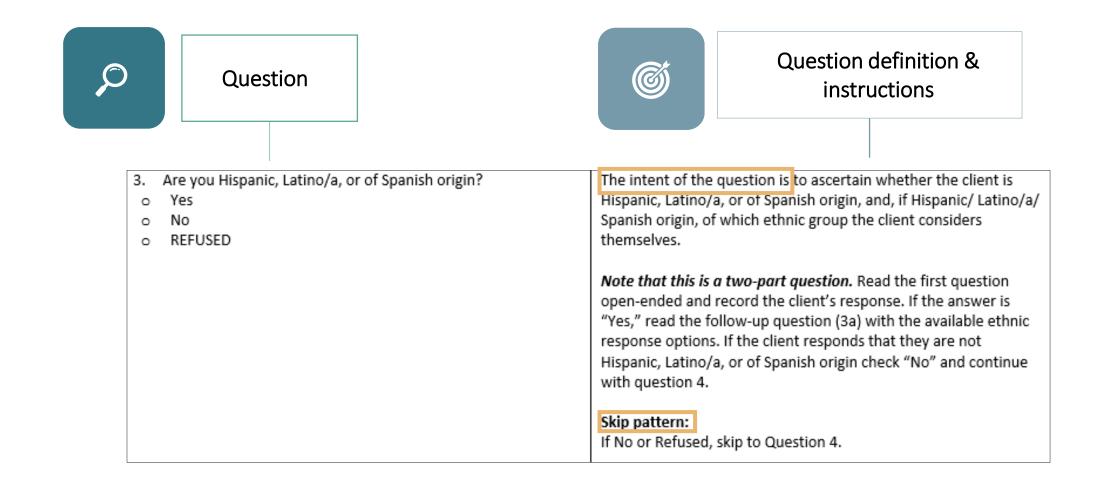
A question that does not appear in the tool. These are usually follow-up questions to help understand the client's response more fully.



#### **Definitions & Instructions**

Clarifies how to classify certain item details or response options.

### **Question-by-Question Guide Example**



# **GPRA Workflow Timeline**

Complete Intake Interview

1

Staff completes interview with client and enters it into online system. Track Follow-up Windows

2

Staff check tracking sheets in Dropbox folders to see when clients are open for follow-up.

5

Complete Discharge Interview\*

Staff completes interview with client when discharged and enters into online system.

# Staff contacts clients when follow-up windows open to

schedule follow-up interview.

3

Contact Clients for Follow-

Up

#### Complete Follow-up Interview

4

Staff completes interview with client and enters into online system.

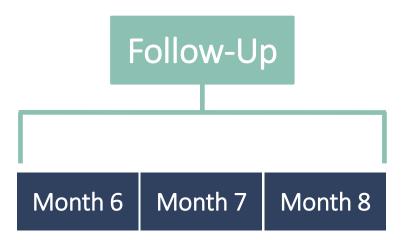
#### \*Discharge can happen anytime after intake.



# **Follow-up GPRA**



# **Follow-Up GPRA**



What: GPRA survey completed approximately 6 months after the intake GRPA.

Who: All clients who completed an intake GPRA, regardless of whether they already completed a discharge GPRA, should complete a follow-up GPRA.

When: During the 6<sup>th</sup>, 7<sup>th,</sup> or 8<sup>th</sup> month after the intake interview

# **Types of Follow-up GPRAs**

There are **2 types** of follow-up GPRAs:

#### Interview

- <u>Able to</u> contact client
- Able to interview the client
- Complete Sections A-H
- Complete in follow-up window

### Administrative

- <u>Unable to</u> contact client or client refuses
- Complete Section A
- Complete in last two weeks of follow-up window if unable to contact client

# **Interview Follow-up GPRA**

Selecting either of these

options indicates you are

completing an interview

follow-up GPRA

- 2. What is the follow-up status of the client? [THIS IS A REQUIRED FIELD: NA, REFUSED, AND MISSING WILL NOT BE ACCEPTED.]
  - Deceased at time of due date
  - Completed interview within specified window
  - Completed interview outside specified window
  - Located, but refused, unspecified
  - O Located, but unable to gain institutional access
  - Located, but otherwise unable to gain access
  - Located, but withdrawn from project
  - Unable to locate, moved
  - Unable to locate, other (Specify)

# Administrative Follow-up GPRA

Selecting any of these options indicates you are completing an <u>administrative</u> follow-up

**GPRA** 

- 2. What is the follow-up status of the client? [THIS IS A REQUIRED FIELD: NA, REFUSED, AND MISSING WILL NOT BE ACCEPTED.]
  - Deceased at time of due date
  - Completed interview within specified window
  - Completed interview outside specified window
  - O Located, but refused, unspecified
  - O Located, but unable to gain institutional access
  - O Located, but otherwise unable to gain access
  - Located, but withdrawn from project
  - Unable to locate, moved
  - Unable to locate, other (Specify)

# **Follow-up GPRA Components**

- The Follow-up GPRA has 8 "sections"
- Each section is either an Administrative or Interview section:

#### "Administrative" Sections

**Completed by agency staff**, without the client

 Section A (Record Management & Follow-Up Status)

#### "Interview" Sections

#### Answered by the client

• Sections B through Section H

# **Follow-up GPRA Sections**

Section and Topic	Туре	
Section A		
<ul> <li>Record Management</li> </ul>	Administrative	
Follow-up Status	Administrative	
<b>Section B</b> – Substance Use & Mental Health History	Interview	
Section C – Living Conditions	Interview	

Section and Topic	Туре
<b>Section D</b> – Education, Employment, Income	Interview
Section E – Legal	Interview
Section F Mental & Physical Health Problems & Treatment/Recovery	Interview
Section G – Social Connectedness	Interview
Section H – Program-Specific Questions	Interview



# **Key Questions for Follow-Ups**

# A. RECORD MANAGEMENT

• Client ID

• Interview Date

- Date of Admission
- Agency Name
- Which survey?



[REPORTED BY PROGRAM STAFF. DO NOT INCLUDE IN CLIENT INTERVIEW.]

- 2. Interview Date | | / | / | / | | | | | Month Day Year
- 3. Date of Admission | | / | / | / | | | | Month Day Year
- 4. Agency Name
  - 6. Which survey are you reporting? [CHOOSE ONLY ONE TYPE].
     O 6-month follow-up [CONTINUE TO FOLLOW-UP STATUS SECTION.]
     O Discharge [SKIP TO DISCHARGE STATUS AND SERVICES RECEIVED SECTION.]



- Able to be contacted?
- Follow-up status
- Receiving services

# **Key Questions for Follow-Ups**

### A. FOLLOW-UP STATUS

[REPORTED BY PROGRAM STAFF ABOUT CLIENT ONLY AT FOLLOW-UP. IF AT DISCHARGE, SKIP TO NEXT SECTION: DISCHARGE STATUS]

- 1. Was the client able to be contacted for follow-up?
  - O Yes
  - O No
- 2. What is the follow-up status of the client? [THIS IS A REQUIRED FIELD: NA, REFUSED, AND MISSING WILL NOT BE ACCEPTED.]
  - O Deceased at time of due date
  - O Completed interview within specified window
  - O Completed interview outside specified window
  - O Located, but refused, unspecified
  - O Located, but unable to gain institutional access
  - O Located, but otherwise unable to gain access
  - O Located, but withdrawn from project
  - Unable to locate, moved
  - Unable to locate, other (Specify) \_

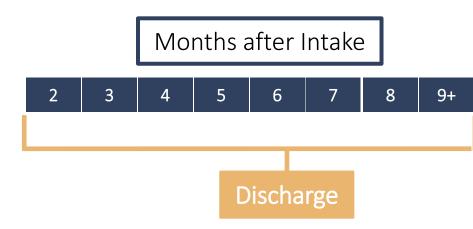
#### 3. Is the client still receiving services from your program?

- O Yes
- O No

# **Discharge GPRA**



## **Discharge GPRA**



What: GPRA survey completed when the client is no longer receiving services funded by the SOR grant at your agency.

Who: All clients who completed an intake GPRA, regardless of a Follow-Up GPRA has yet been done, should complete a discharge GPRA.

When: Anytime after the intake survey, regardless of when the follow-up GPRA is completed or scheduled.

## **Types of Discharge GPRAs**

There are **2 types** of discharge GPRAs:

### Interview

- <u>Able to</u> contact client
- Able to interview the client
- Complete Sections A-H

### Administrative

- <u>Unable to</u> contact client
- Complete Section A

### **Interview Discharge GPRA**

### Selecting this option

indicates you are

completing an *interview* 

discharge GPRA

### A. DISCHARGE STATUS & SERVICES RECEIVED

[REPORTED BY PROGRAM STAFF ABOUT CLIENT ONLY AT DISCHARGE.]

1. What type of discharge is this?

Interview (Already conducting or conducting now)

Administrative (No interview conducted)

### **Administrative Discharge GPRA**

Selecting this option indicates you are completing an administrative discharge **GPRA** 

### A. DISCHARGE STATUS & SERVICES RECEIVED

[REPORTED BY PROGRAM STAFF ABOUT CLIENT ONLY AT DISCHARGE.]

- 1. What type of discharge is this?
  - Interview (Already conducting or conducting now)
  - Administrative (No interview conducted)

### **Discharge GPRA Components**

- The Discharge GPRA has 8 "sections"
- Each section is either an Administrative or Interview section:

### "Administrative" Sections

**Completed by agency staff**, without the client

 Parts of Section A (Record Management & Discharge Status & Services Received)

### "Interview" Sections

### Answered by the client

• Sections B through Section H

## **Discharge GPRA Sections**

Section and Topic	Туре
Section A	
<ul> <li>Record Management</li> </ul>	Administrative
<ul> <li>Discharge Status &amp; Services Received</li> </ul>	Administrative
Section B – Substance Use & Mental Health History	Interview
Section C – Living Conditions	Interview

Section and Topic	Туре
Section D – Education, Employment, Income	Interview
Section E – Legal	Interview
Section F Mental & Physical Health Problems & Treatment/Recovery	Interview
Section G – Social Connectedness	Interview
Section H – Program-Specific Questions	Interview



# **Key Questions for Discharge GPRAs**

- Type of Discharge: Interview vs. Administrative
- Date of discharge
- Discharge Status (completion vs. termination and reason)
- HIV Testing & Referral
- Provision of naloxone or fentanyl test strips
- COVID-19 vaccination status

### A. DISCHARGE STATUS & SERVICES RECEIVED

[REPORTED BY PROGRAM STAFF ABOUT CLIENT ONLY AT DISCHARGE.]

- 1. What type of discharge is this?
  - O Interview (Already conducting or conducting now)
  - O Administrative (No interview conducted)
- 2. On what date was the client discharged?

	/	_ / / / / /
MONTH	DAY	YEAR

- 3. What is the client's discharge status?
  - O Completion/Graduate [SKIP TO Q4]
  - O Termination [GO TO Q3A]
  - 3a. If the client was terminated, what was the reason for termination? [SELECT ONE RESPONSE.]
    - $\,\odot\,$  Left on own against staff advice with satisfactory progress
    - O Left on own against staff advice without satisfactory progress
    - O Involuntarily discharged due to nonparticipation
    - O Involuntarily discharged due to violation of rules
    - $\odot\;$  Referred to another program or other services with satisfactory progress
    - $\odot\;$  Referred to another program or other services with unsatisfactory progress
    - Incarcerated due to offense committed while in treatment/recovery with satisfactory progress
    - Incarcerated due to offense committed while in treatment/recovery with unsatisfactory progress
    - Incarcerated due to old warrant or charged from before entering treatment/recovery with satisfactory progress
    - Incarcerated due to old warrant or charged from before entering treatment/recovery with unsatisfactory progress
    - $\,\odot\,$  Transferred to another facility for health reasons
    - Death
    - Other (Specify)



## **Key Questions for Discharge GPRAs**

#### SERVICES RECEIVED UNDER GRANT FUNDING [Reported by program staff at discharge.]

## • Services Received (Modalities)

- # Days
- # Sessions

	dality	Days
1.	Case Management	
2.	Intensive Outpatient Treatment	
3.	Inpatient/Hospital (Other Than Withdrawal Management)	
4.	Outpatient Therapy	
5.	Outreach	
6.	Medication	
	a. Methadone	
	<ul> <li>Buprenorphine</li> </ul>	
	c. Naltrexone – Short Acting	
	<li>d. Naltrexone – Long Acting (report 28 days for each one injection)</li>	
	e. Disulfiram	
	f. Acamprosate	
	g. Nicotine Replacement	
	h. Bupropion	
	i. Varenicline	
7.	Residential/Rehabilitation	
8.	Withdrawal Management (Select Only 1)	
	<ul> <li>a. Hospital Inpatient</li> </ul>	
	b. Free Standing Residential	
	<ul> <li>c. Ambulatory Detoxification</li> </ul>	
9.	After Care	
10.	Recovery Support	
11.	Other (Specify)	

identify the number of DAY8 of services provided to the

Treatment Services	Seasions
1. Screening	
<ol><li>Brief Intervention</li></ol>	
<ol><li>Brief Treatment</li></ol>	
<ol> <li>Referral to Treatment</li> </ol>	
5. Assessment	
<ol><li>Treatment Planning</li></ol>	
<ol><li>Recovery Planning</li></ol>	
<ol> <li>Individual Counseling</li> </ol>	
<ol><li>Group Counseling</li></ol>	
10. Contingency Management	
<ol> <li>Community Reinforcement</li> </ol>	
<ol><li>Cognitive Behavioral Therapy</li></ol>	
<ol> <li>Family/Marriage Counseling</li> </ol>	
14. Co-Occurring Treatment Services	
<ol> <li>Pharmacological Interventions</li> </ol>	
16. HIV/AIDS Counseling	
17. Cultural Interventions/Activities	
18. Other Clinical Services	
(Specify)	

Са	se Management Services	Sessions
1.	Family Services (E.g. Marriage Education,	
	Parenting, Child Development)	
2.	Child Care	
З.	Employment Service	
	<ul> <li>a. Pre-Employment</li> </ul>	
	<ul> <li>Employment Coaching</li> </ul>	
4.	Individual Services Coordination	
5.	Transportation	
6.	HIV/AIDS Services & Counseling	
7.	Transitional Drug-Free Housing Services	
8.	Housing Support	
9.	Health Insurance Enrollment	
10.	Other Services (Specify)	
Мө	dical Services	Sessions
1.	Medical Care	
2.	Alcohol/Drug Testing	
З.	OB/GYN Services	
4.	HIV/AIDS Medical Support & Testing	
5.	Hepatitis Medical Support & Testing	
6.	Other STI Support & Testing	
7.	Dental Care	
8.	Other Medical Services (Specify)	
Aft	er Care Services	Sessions
1.	Continuing Care	
2.	Relapse Prevention	
З.	Recovery Coaching	
4.	Self-Help and Mutual Support Groups	
5.	Spiritual Support	
6.	Other Services (Specify)	
Ed	ucation Services	Sessions
1.	Substance Misuse Education	
2.	HIV/AIDS Education	
З.	Hepatitis Education	
4.	Other STI Education Services	
5.	Naloxone Training	
6.	Fentanyl Test Strip Training	
7.	Other Services (Specify)	
Re	covery Support Services	Sessions

Recovery Support Services	Sessions
<ol> <li>Peer Coaching or Mentoring</li> </ol>	
<ol><li>Vocational Services</li></ol>	
<ol><li>Recovery Housing</li></ol>	
<ol> <li>Recovery Planning</li> </ol>	
<ol> <li>Case Management Services to Specifically Support Recovery</li> </ol>	
6. Alcohol- and Drug-Free Social Activities	
<ol><li>Information and Referral</li></ol>	
<ol> <li>Other Recovery Support Services</li> </ol>	
(Specify)	
9. Other Peer-to-Peer Recovery Support	



# **Key Questions for Discharge GPRAs**

- Planned services attendance rate
- Telehealth or virtual sessions
- Diagnosis status and interventions for Opioid, Alcohol, Stimulant, and Tobacco Use Disorders

DISCHARGE STATUS & SERVICES RECEIVED, cont'd.

- 8. Has this client attended 60% or more of their planned services?
  - O Yes
  - O No
- 9. Did this client receive any services via telehealth or a virtual platform?
  - O Yes
  - ⊖ No
- 10. Has this client previously been diagnosed with an opioid use disorder?
  - O Yes
  - O No [SKIP to Q11]

### 10a. [IF YES] In the past 30 days, which FDA-approved medication did the client receive for the treatment of this opioid use disorder? [CHECK ALL THAT APPLY.]

- Methadone [IF RECEIVED] Specify how many days received
  - Buprenorphine [IF RECEIVED] Specify how many days received
- Naltrexone

Ο.

- [IF RECEIVED] Specify how many days received
- O Extended-release Naltrexone [IF RECEIVED] Specify how many doses received ]
- Client did not receive an FDA-approved medication for a diagnosed opioid <u>use</u> disorder [SKIP TO QUESTION 11]

### 10b. [IF RECEIVED ONE OF THE MEDICATIONS ABOVE] Has this client taken the medication as prescribed?

- O Yes
- O No



# Follow-up/Discharge GPRA Interview Questions



Please open the paper version of the Intake GPRA on the SOR website for the next section of the training: www.VirginiaSORSupport.org

## **Follow-up & Discharge Interview Questions**

Section and Topic	Туре	
Section A		
Record Management	Administrative	
<ul> <li>Discharge Status &amp; Services Received</li> </ul>	Administrative	
Section B – Substance Use & Mental Health History	Interview	
Section C – Living Conditions	Interview	
Section D – Education, Employment, Income	Interview	

Section and Topic	Туре
Section E – Legal	Interview
Section F – Mental & Physical Health Problems & Treatment/Recovery	Interview
Section G – Social Connectedness	Interview
Section H – Program-Specific Questions	Interview



Section B: Substance Use & Mental Health History

- 30-Day substance use and route
- Client lists on their own; if unsure, ok to read.
- Choose the Route: if more than one, select the highest number choice

1. During the past 30 days, how many days have you used any substance, and how do you take the substance?

O REFUSED

		Route			
	Number of	1.	2.		3.
		Oral	I Intranasal		Vaping
	Days	4.	5.	6.	
	Used	Smoking	Non-IV Injection	Intravenous (IV	) Injection
			0	-	
			Oth	er	
Alcohol					
Alcohol			L		
Other (Specify)					
Opioids					
Heroin					
Morphine					
Fentanyl (Prescription Diversion Or Illicit Source)			L		
Dilaudid					



Section B: Substance Use & Mental Health History

- Self-reported substance use disorders and interventions/ medications
- Overdose, interventions, and treatment

- 2. Have you been diagnosed with an <u>alcohol</u> use disorder, if so which FDA-approved medication did you receive for the treatment of this alcohol use disorder in the past 30 days? [CHECK ALL THAT APPLY.]
  - Naltrexone [IF RECEIVED] Specify how many days received |\_\_\_\_
  - O Extended-release <u>Naltrexone [IF RECEIVED]</u> Specify how many doses received |\_\_\_\_\_
    - O Disulfiram [IF RECEIVED] Specify how many days received
  - Acamprosate [IF RECEIVED] Specify how many days received |\_\_\_|
  - DID NOT RECEIVE AN FDA-APPROVED MEDICATION FOR A DIAGNOSED ALCOHOL USE DISORDER
  - O CLIENT DOES NOT REPORT SUCH A DIAGNOSIS
    - 6. In the past 30 days, did you experience an overdose or take too much of a substance that resulted in needing supervision or medical attention?
      - O Yes [IF YES, SPECIFY BELOW, IN QUESTION 7]
      - O No [IF NO, MOVE TO QUESTION 8]
      - O REFUSED [MOVE TO QUESTION 8]
    - 7. [IF YES TO #6] In the past 30 days, after taking too much of a substance or overdosing, what intervention did you receive? You may indicate more than one.
      - Naloxone (Narcan)
      - O Care in an Emergency Department
      - Care from a Primary Care Provider
      - Admission to a hospital
      - O Supervision by someone else
      - Other (Specify)
      - O REFUSED
    - 8. Not including this current episode, how many times in your life have you been treated at an inpatient or outpatient facility for a substance use disorder?
      - One time
      - Two times
      - Three times
      - Four times
      - Five times
      - Six or more times
      - Never [SKIP TO QUESTION 10]
      - O REFUSED [SKIP TO QUESTION 10]



Section B: Substance Use & Mental Health History

• Self-reported mental health illness diagnoses

- 10. Have you ever been diagnosed with a mental health illness by a health care professional?
  - O Yes [CONTINUE TO QUESTION 10A]
  - O No [SKIP TO SECTION C. LIVING CONDITIONS]
  - O REFUSED [SKIP TO SECTION C. LIVING CONDITIONS]
  - 10a. [IF YES] PLEASE ASK THE CLIENT TO SELF-REPORT THEIR MENTAL HEALTH ILLNESSES AS LISTED IN THE TABLE BELOW. THE CLIENT SHOULD BE ENCOURAGED TO REPORT THEIR OWN MENTAL HEALTH ILLNESSES BUT IF PREFERRED, THE LIST CAN BE READ TO THE CLIENT. PLEASE INDICATE ALL THAT APPLY.

	SELF- REPORTED
Schizophrenia, schizotypal, delusional, and other non-mood psychotic disorders	
Brief psychotic disorder	0
Delusional disorder	0
Schizoaffective disorders	0
Schizophrenia	0
Schizotypal disorder	0
Shared psychotic disorder	0
Unspecified psychosis	0
Mood [affective] disorders	
Bipolar disorder	0
Major depressive disorder, recurrent	0
Major depressive disorder, single episode	0
Manic episode	0
Persistent mood [affective] disorders	0
Unspecified mood [affective] disorder	0
Phobic Anxiety and Other Anxiety Disorders	
Agoraphobia without panic disorder	0
Agoraphobia with panic disorder	0
Agoraphobia, unspecified	0
Generalized anxiety disorder	0
Panic disorder	0



Section C: Living Conditions

- Where client lives and living with others who use substances
- Satisfaction with living conditions
- Stress, mental health impacts of substances

### C. LIVING CONDITIONS

I'd like to ask you some questions about where you have been living lately. Your answers to these questions are confidential and you may choose to skip any questions you do not want to answer.

- 1. In the past 30 days, where have you been living most of the time? [DO NOT READ RESPONSE OPTIONS TO CLIENT, SELECT ONLY ONE] [15 OR MORE DAYS IS CONSIDERED MOST OF THE TIME.]
  - Shelter (Safe Havens, Transitional Living Center [TLC], Low-Demand Facilities, Reception Centers, Other Temporary <u>Day</u> or Evening Facility)
  - O Street/Outdoors (Sidewalk, Doorway, Park, Public Or Abandoned Building)
  - O Institution (Hospital, Nursing Home, Jail/Prison)
  - Housed: [IF HOUSED, CHECK APPROPRIATE SUBCATEGORY:]
    - O wn/Rental Apartment, Room, Trailer, Or House
    - O Someone Else's Apartment, Room, Trailer, Or House (including couch surfing)
    - O Dormitory/College Residence
    - O Halfway House or Transitional Housing
    - Residential Treatment
    - O Recovery Residence/Sober Living
  - Other Housed (Specify)
  - O REFUSED
- 2. Do you currently live with any person who, over the past 30 days, has regularly used alcohol or other substances?
  - O Yes O No
  - No, lives alone.
  - O REFUSED



Section D: Education, Employment, and Income

- School/Job Training Enrollment
- Level Of Education Completed
- Employment Status
- Income Level
- Ability To Cover Living Expenses
- Access To Transportation

### D. EDUCATION, EMPLOYMENT, AND INCOME

Now I have some questions about your education, your employment status, and your income. Your answers are <u>confidential</u> and you may choose to skip any questions you do not want to answer.

- Are you currently enrolled in school or a job training program? [IF ENROLLED] Is that full time or part time? [IF INCARCERATED, SELECT 'NOT ENROLLED']
  - O NOT ENROLLED
  - ENROLLED, FULL TIME
  - ENROLLED, PART TIME
  - O REFUSED
- 2. What is the highest level of education you have finished, whether or not you received a degree?
  - O LESS THAN 12TH GRADE
  - O 12TH GRADE/HIGH SCHOOL DIPLOMA/EQUIVALENT
  - VOCATIONAL/TECHNICAL (VOC/TECH) DIPLOMA
  - O SOME COLLEGE OR UNIVERSITY
  - O BACHELOR'S DEGREE (FOR EXAMPLE: BA, BS)
  - O GRADUATE WORK/GRADUATE DEGREE
  - O OTHER (SPECIFY)
  - O REFUSED



Section E: Legal

- Number Of Arrests
- Charges, Trial, Sentencing Status
- Parole/Probation Status
- Drug Court Program
   Participation & Deferred
   Prosecution Agreements

### E. LEGAL

Now I have some questions about whether you've been arrested recently or have a case pending. I want to remind you that your answers to these questions will not impact your legal standing. You may choose to skip any questions you do not want to answer.

- 1. In the past 30 days, how many times have you been arrested? [IF THE CLIENT INDICATES NO ARRESTS IN THE PAST 30 DAYS, BUT IS INCARCERATED AT THE TIME OF THE INTERVIEW, MARK CURRENTLY INCARCERATED]
  - I TIMES
     O REFUSED
     O Currently Incarcerated
- 2. Are you currently awaiting charges, trial, or sentencing?
  - O Yes
  - O No
  - O REFUSED
- 3. Are you currently on parole or probation or intensive pretrial supervision?
  - Probation
  - Parole
  - O Intensive Pretrial Supervision
  - O No
  - O REFUSED
- 4. Do you currently participate in a drug court program or are you in a deferred prosecution agreement?
  - Drug court program
  - Deferred prosecution <u>agreement</u>
  - No, neither of these
  - O REFUSED



Section F: Mental & Physical Health Problems and Treatment/Recovery

- Quality Of Life
- Satisfaction With Overall Health & Ability To Perform Daily Tasks
- Mental/Emotional Challenges
- Medical Care
- Health Insurance

- 3. How satisfied are you with your ability to perform your daily activities?
  - Very dissatisfied
  - Dissatisfied
  - Neither satisfied nor dissatisfied
  - Satisfied
  - Very satisfied
  - O REFUSED
- 4. In the past 30 days, how many days have you: [ENTER '0' IN DAYS IF THE CLIENT REPORTS THAT THEY HAVE NOT EXPERIENCED THE CONDITION. SELECT REFUSED FOR NO RESPONSE]:

		Days	REFUSED
a.	Experienced serious depression		0
b.	Experienced serious anxiety or tension		0
C.	Experienced hallucinations		0
d.	Experienced trouble understanding,		
	concentrating, or remembering		0
e.	Experienced trouble controlling violent behavior		0
f.	Attempted suicide		0
g.	Been prescribed medication for a		
	psychological/emotional problem	II	0

#### [IF CLIENT REPORTS 1 OR MORE DAY TO ANY QUESTION IN #4, PLEASE ENSURE THAT THEY ARE SEEN BY A LICENSED PROFESSIONAL AS SOON AS POSSIBLE.]



Section G: Social Connectedness

- Types of recovery group attendance
- Supportive interactions with family/friends
- Satisfaction with personal relationships

### G. SOCIAL CONNECTEDNESS

Next, we'll talk through some questions about social connectedness. Please remember your answers to these questions are confidential and you may choose to skip any questions you do not want to answer.

- In the past 30 days, did you attend any voluntary mutual support groups for recovery? In other words, did you participate in a non-professional, peer-operated organization that assists individuals who have addiction-related problems such as: Alcoholics Anonymous, Narcotics Anonymous, Secular Organization for Sobriety, Women for Sobriety, religious/faith-affiliated recovery mutual support groups, etc.? Attendance could have been in person or virtual.
  - O Yes
  - O No
  - O REFUSED

1a. [If Yes] Specify How Many Times:

O REFUSED

2. In the past 30 days, did you have interactions with family and/or friends that are supportive of your recovery?

- O No
- O REFUSED

O Yes



Section H: Program-Specific Questions

- BARC-10
- Peer-Supporter Involvement

### H. PROGRAM-SPECIFIC QUESTIONS

Finally, I will ask you a handful of program-specific questions, including a brief assessment of recovery capital (BARC-10) and questions about any work you've done with a peer supporter. Your answers to these questions are confidential and you may choose to skip any questions you do not want to answer.

#### 1. BRIEF ASSESSMENT OF RECOVERY CAPITAL (BARC-10)

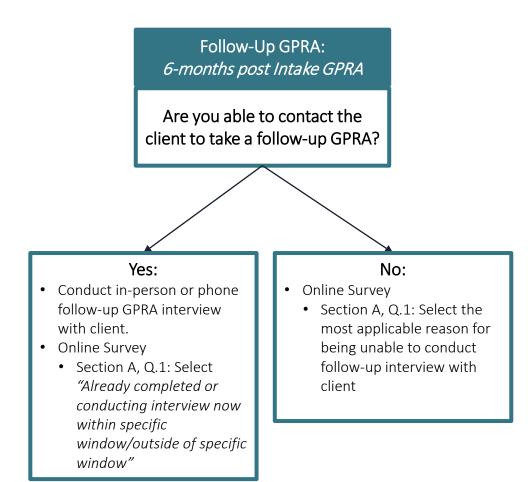
#### [CHECK ANSWER IN APPROPRIATE COLUMN FOR EACH STATEMENT]

	Strongly Disagree	Disagree	Somewhat Disagree	Somewhat Agree	Agree	Strongly Agree	RF
1a. There are more important things to me in life than using substances	0	0	0	0	0	0	0
1b. In general I am happy with my life	0	0	0	0	0	0	0
1c. I have enough energy to complete the tasks I set for myself	0	0	0	0	0	0	0
1d. I am proud of the community I live in and feel a part of it	0	0	0	0	0	0	0

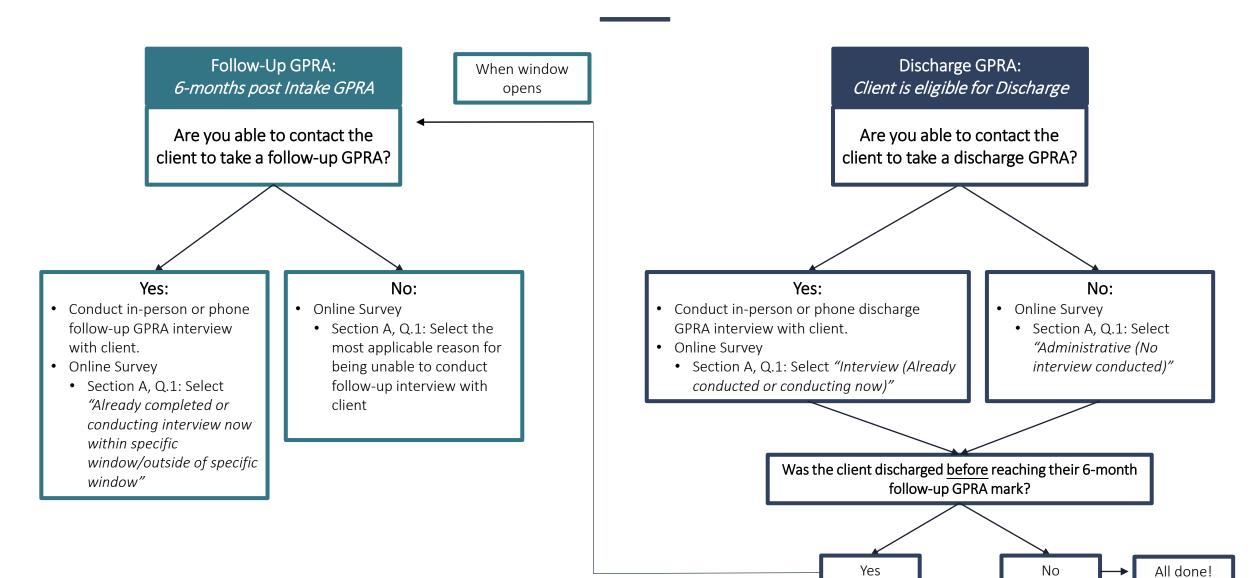


# Follow-up/Discharge GPRA Administration

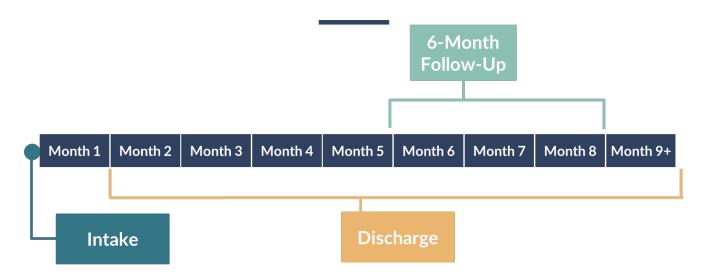
### **Follow-Up & Discharge Flowchart**



### **Follow-Up & Discharge Flowchart**



# When Discharge and Follow-Up Occur Together



- If a client is due for a discharge and 6-month follow-up GPRA interview within 10 days of each other, GPRA responses may be saved from the first GPRA and used to enter the second GPRA
- However, administrative questions unique to either the Follow-up or Discharge GPRA will need to be answered anew
- Download GPRA responses after survey is complete
- Reach out to SORSupport@omni.org for a copy of previous GPRA responses

# **Client Engagement**

## **Tips and Strategies**

Virginia State Opioid Response-III (SOR-III)

GPRA (Government Performance and Results Act) Survey

## Follow-Up & Discharge Survey

#### Revised Version Launched January 21, 2023

This survey was compiled by OMNI Institute based on the Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Substance Abuse Treatment (CSAT) Government Performance and Results Act (GPRA) Client Outcome Measures for Discretionary Programs.

It is designed for use by the Virginia subrecipients who are providing treatment and recovery services funded by the SOR grant.

For more information or questions, please contact the OMNI SOR support team at SORSupport@omni.org



Two biggest hurdles to completing follow up and discharge surveys (anecdotally):

- Maintaining client contact
- Client engagement

### **Tips for Maintaining Client Contact**

Virg	ginia SC	DR Clie	nt Loca	ator Forn	n	
Date:						
Client	GPRA ID:_					
Name	e of Assesso	r:				

We are collecting this information to help us contact you for follow-up interviews related to the treatment evaluation program in approximately 3 months and 6 months. You will receive a gift card for participating in the follow-up interviews. You will get a \$20 gift card for completing the 3-month interview and a \$30 gift card for completing the 6-month interview. The information you provide here will ONLY be used to help us locate you to complete these interviews and to give you your gift card. It will be kept private and will not be used for any other reason.

What is your date of bir	rth?			
Date of Birth				
	1	1		
	(month)	(day)	(vear)	

What address, email address, and phone numbers would be best to use when we need to reach you?

rouon jour		
Street Address (Address, Apt #, P.O. Box)		
City		
State		
Zip Code		
Phone Number	( )	Please check this box if you do not want us to text this number:
Alternate Phone Number	( )	Please check this box if you do not want us to text this number:
Work Phone Number	( )	Please check this box if you do <u>not</u> want us to text this number:
Email Address		
Alternate Email Address		

Address (Street, Apt#, P.O. Box)	
City	
State	
Zip Code	

Virginia SOR Client Locator Form

Page 1

Last updated June 3, 2019

- First, capture **accurate contact information** at intake
  - Can be done using the **Client Locator Form**, on the SORSupport website
- Then, update or confirm this information at each time you see them. This can also serve as a reminder about the follow and discharge surveys.

## **Client Locator Form Content**



### Name, nicknames, aliases

Date of birth

Phone number

Email address

Physical address

Work phone number

Additional Contacts:

- Friends, family, sponsor, mentor, counselor, peer
- Caseworker, doctor, community clinic, religious community
- Probation or parole officer

Permission to mention treatment and survey

# **Client Engagement Sheet**



### What is the GPRA?



Why have I been asked to complete a **GPRA** survey?



### Who completes the GPRA?



What will I be asked to do?



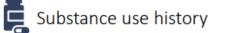
### Why do a follow-up GPRA?

### About the GPRA Survey

#### What is the GPRA?

GPRA stands for Government Performance & Results Act and is a survey used to collect information on:





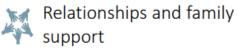




Mental health and physical needs



Education and employment





Recovery Support Structure

#### Why have I been asked to complete a GPRA survey?

Virginia has received a federal grant to support individuals receiving substance use services. One requirement of this grant is to complete GPRA surveys over the course of services. This will help Virginia to continue to receive funding to provide services for those in need.



The data collected informs future work in the field



The data collected informs service delivery

## **Gift Cards & Contingency Management**

### Gift Cards

- Clients can receive a \$30 gift card at the Follow-Up GPRA
- Purchased with SOR Grant funds.
- Gift cards are budgeted for, purchased, managed, and distributed completely by CSBs and agencies

### **Contingency Management**

- Clients can receive \$75 per year, in \$15 increments
- Can be given at any time, per your agency policies

**Justice:** Justice-Involved Clients cannot receive gift cards or contingency management funds while in the justice-setting.



# **GPRA Data & Tracking Support**



### **Tracking Sheet**

\*

Home

Files All files Shared

Tools Paper HelloSign Transfer

File requests

Free eSignatures for up to 3 documents with HelloSign by Dropbox.

### How do I track all of this?

Dropbox!



overvi	Agency Name Here			Hide
Click h	ere to describe this folder and turn it into a Spac	e Show examples		
Create	e new file 🗸	Modified 🗸	Members 🕶	:=
X	Follow Up Trackingadsheet_0103.xlsx	1/3/2020, 3:47 PM by Katherine Matlin	19 members	
x	Follow Up Trackingadsheet_0823.xlsx	8/23/2019, 2:15 PM by Nikki Dee	19 members	
x	Follow Up Trackingadsheet_0830.xlsx	8/30/2019, 12:49 PM by Julia Ricotta	19 members	
X	Follow Up Trackingadsheet_0906.xlsx	9/6/2019, 2:54 PM by Julia Ricotta	19 members	
X	Follow Up Trackingadsheet_0912.xlsx	9/12/2019, 10:26 AM by Julia Ricotta	19 members	
X	Follow Up Trackingadsheet_0920.xlsx	9/20/2019, 2:41 PM by Julia Ricotta	19 members	
X	Follow Up Trackingadsheet_0927.xlsx	9/27/2019, 2:40 PM by Julia Ricotta	19 members	
X	Follow Up Trackingadsheet_1004.xlsx	10/4/2019, 3:27 PM by Katherine Matlin	19 members	
X	Follow Up Trackingadsheet_1008.xlsx	10/8/2019, 4:02 PM by Mayra Smith-Coronado	19 members	
X	Follow Up Trackingadsheet_1011.xlsx	10/11/2019, 2:38 PM by Julia Ricotta	19 members	

# Dropbox

HOME ABOUT NEWS REPORTS RECOVERY RESOURCES DROPBOX

### **CSB Specific Dropbox Folders**

The SOR Support Team at OMNI uses Dropbox folders to share with each CSB information including:

- Follow-up & discharge tracking with open window dates and completions of each timepoint for clients (see: Weekly Tracking Sheet Overview)
- 2. GPRA completion rates
- 3. Secured data-related communications (when necessary)

For more information on understanding and using the data in your CSB's Dropbox folder, please see the below community forum recording and slides:

- Understanding & Using Data Community Forum Recording (April 2022)
- Understanding & Using Data Community Forum Slides (April 2022)

#### CSB DROPBOX RESOURCE:

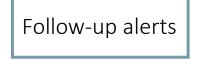
Please click here to view a resource with guidance on accessing and setting up your CSB's Dropbox folder!

### **Tracking Sheet**

### Example of the important information in the tracking sheet's header:

Number of clients with windows closing in next two weeks: 2

Site information, tracking sheet date, and intake information todate



## **Tracking Sheet**

### What other information is in the tracking sheets?

Client (CCS3 CSB) numb	for	Intake GPRA date	winde		the follov ses (8 mo :ake)	•	fo	idicates if a ollow-up GP complete		Indicate dischar comple	ge GPRA is		
	I												
GPRA ID Justi	ice-Involved Inta	ike Interview	v Date 6m - Oper	n Date 6n	n - Close Date	6m - Stat	us Follow-u	p Interview Date	Follow-up	Type Disch	arge - Completed	Discharge Interview Date	Discharge Type
XXXXX		01/13/2022	2 06/13/2	2022	09/13/2022	Open					No		
XXXXX		4/13/2022	09/13/2	2022	12/13/2022	Complete	.ed 9/	/23/2022	Intervie	W.	Yes	6/1/2022	Interview
	Justice- Involved Client = Ye	fol	ate when th ollow-up win pens (5 mon fter the intal	ndow nths	follov <i>upcor</i>	w-up wi	nether th indow is open, clos	5		<i>admini</i> comple	<i>istrative</i> dise	an <i>interview</i> or charge GPRA was scharge GPRA has	

### **Progress Reports**

#### Monthly GPRA Progress Report: CSB/Agency Name

This report is a summary of CSB/Agency's completed SOR III Intake GPRAs from October 01, 2022 to December 31, 2022.

#### Follow-Ups and Discharges

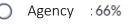
Total Follow-Ups: 58

Total Discharges: 20

#### Follow-Up Rate:

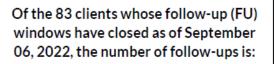
SAMHSA requires an 80% follow-up rate. Only "Interview" follow-up GPRAs count towards this rate, whereas "Administrative" follow-up GPRAs do not count.

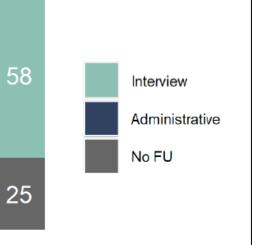
Follow-Up Rates\*:



🔵 Virginia: 44.5%

\*% of interview follow-ups completed during the followup window out of all follow-ups that should be completed.





- Updated monthly
- Follow-Ups and Discharges section will list counts and follow-up rates
- Located in your Dropbox folders

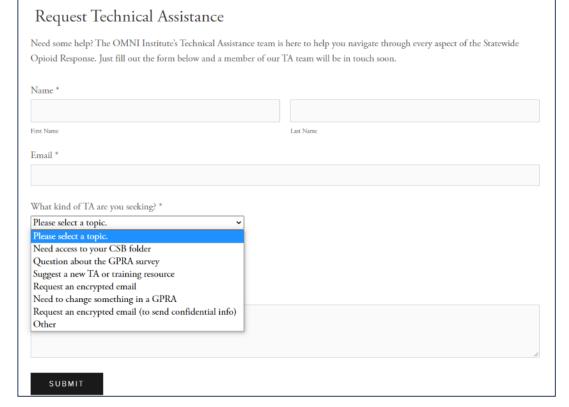
## **GPRA Revisions & Retakes**

If you need to delete or change something in a GPRA survey:

 Email <u>SORSupport@omni.org</u> an <u>encrypted</u> email with the appropriate details of the deletion or submit a TA request (not including confidential info). The TA team will make the change within the data.

### If you need to re-open a GPRA survey:

• Email <u>SORSupport@omni.org</u> with the appropriate details of the GPRA survey. The TA team will provide a link to re-open the GPRA survey.





# **Next Steps & Questions**



## **Next Steps**



Review the SOR website and the resources available to you



Register for upcoming trainings or review prior trainings to support your use of the GPRA!



Keep in touch! The OMNI TA Team is here to support you! Reach out with any questions or needed support to SORSupport@omni.org.





# **Thank You!**

SORSupport@omni.org